

## Touching and perceiving

# Noticing



### Activity: Noticing wind

#### Theme: airflow, nature

#### Set-up of the activity

Go outside, into nature and perceive the weather conditions. You can also let the client perceive airflows indoors, such as with an air conditioner, a fan or a big hand fan.

0-2 2-4

- Take the client outside for a walk in various weather conditions, such as no wind, light breeze or stormy wind.
- If possible, walk through alleys and open plazas when it's windy. The wind force and wind direction change when you walk in an alley.
- Visit stores that have a blower with warm air hanging at the entrance. These are only on during cold days.
- Turn on a fan indoors and walk past it.
- Take hand fans of various sizes or carton boards and wave them in front of the client to create wind.

4-6

- See the ideas in age categories 0-2 and 2-4.
- State the weather conditions.

#### Points for observation and focus

- Note that some clients can find airflow and wind force very disturbing.
- Notice small, non-verbal reactions of the face or body when the airflow changes; changes such as force, direction or temperature.
- Observe whether the client prefers a certain temperature or force of the airflow.

#### Alternative materials

- In addition to noticing airflow, you can also check whether a client notices when the sun is shining on his skin and heats it or when it is cold outside.

#### Can also be used in the categories

- Touch sensitivity (TST)