

Touching and understanding Tactile-spatial perception



Activity: Tidying closets

Theme: tidying up

Set-up of the activity

0-2

- Take the client to the toys closet or kitchen cupboard. Let him explore what is on the shelves. This could be familiar toys or something to eat or drink.
- Give the client something that he can put on the shelf or do this together.
- State what it is.

2-4

- Observe whether the client starts to explore on his own. If he doesn't, you can help him by ticking the shelf. You can also place an object on the shelf that makes a sound. Another option is exploring through touch the side of the closet so that he encounters the shelves.
- Use closets of different heights, but make sure they are reachable.
- For a client in a wheelchair, choose a closet that the wheelchair can easily stand next to or shelves that it can stand under.
- Take a small storage unit that you can carry; place it in front of the client on the table or on the wheelchair tray.

4-6

- Let the client move objects from one shelf to the other.
- If necessary, use a step stool, but only if this is safe.
- Let the client put away the groceries or objects that he played with or used for arts and crafts.

Points for observation and focus

- Make sure there are no dangerous objects in the closets that the client can reach.
- Check whether the client explores several shelves.
- Check whether the client understands that a higher shelf can be reached by extending his arms or by standing on something.
- Observe whether the client adjusts his posture when he needs to reach a lower shelf.

Alternative materials

- Putting things in a laundry basket or another type of storage basket
- Putting laundry in the washing machine

Can also be used in the categories

- Recognising (RC)
- Touch Strategy (TS)