

Touching and moving Two-handedness



Activity: Attaching snap-lock beads and pulling them apart

Set-up of the activity

Snap-lock beads are available in various sizes, shapes and surface textures.

0-2

- Begin with big plastic snap-lock beads and let the client pull these apart. Begin with attaching two beads to each other and gradually increase the number, if possible.

2-4

- Use plastic snap-lock beads. Explore together with the client where the hole and the pin are and how these attach to each other.
- Make a necklace together with the client and with both hands hang it around his neck.
- Give the client more beads and ask him to make a necklace. If necessary, help him with closing the necklace.
- Use smaller beads with various/distracting shapes and surface textures.

Points for observation and focus

- Observe how the client explores the beads and the necklace.
- Observe whether the client has sufficient strength to pull the beads apart and attach them.
- Check whether he can sufficiently dose his strength.
- Check whether he notices when two beads have connected to each other.

Alternative materials

- Let the client open a blouse with press studs. Or attach press studs to two pieces of fabric and ask the client to press these together and pull them apart.
- Let the client pull apart two magnets.
- Use a plastic box with lid and let the client open the box using both hands. Make sure the box is filled with things that can be pulled apart using two hands, such as two pieces of fabric with press studs, two magnets attached to each other, pieces of fabric attached to each other with Velcro or two pieces of carton attached to each other with adhesive tape. If the beads are motorically or strength wise too difficult for the client, use small pillows or light objects with Velcro. The purpose is to develop working with two hands, not the strength or fine motor skills necessary for this activity.

Can also be used in the categories

- Perception of detail (PD)
- Proprioception (PC)