

Touching and understanding Touch strategy



Activity: Making rows with pegs

Use a pegboard with a small upright edge. You can make such a board from a perforated board or buy one at www.amazon.co.uk. Lemical 380 PCS Creative Jigsaw Puzzle Mushroom Nails Pegboard Mosaic.

Set-up of the activity

0-2 2-4

- Let the client first explore the board and the pegs.
- Place one or several pegs in the board and let the client look for them and remove them.

4-6

- Give the client square or round pegs. The next step is giving him a combination of both.
- Put the box with pegs on the table next to the client's dominant hand. Let the client put pegs in the board. Gradually increase the number of pegs; initially let him place them randomly.
- Now let the client make rows next to each other, along the edge.
- Let the client imitate a row of pegs, which is more difficult. Create a row alternating between a round peg and then a square one, or two round ones and then two square ones.
- Use terms such as "next to", "before", "after", "above", "below", "left" and "right".

Points for observation and focus

- Observe how the client explores the board and pegs.
- Observe how the exploration progresses. Teach the client to explore systematically. Stimulate the client to explore the entire board so that he doesn't skip a part.
- Check whether the client perceives the various holes.

Alternative materials

- Magnetic board with magnetic shapes. This is easier.

Can also be used in the categories

- Touch sensitivity (TST)
- Tactile-spatial perception (TSP)