

Touching and understanding Perception of detail



Activity: Matching vegetables

Looking for vegetables with the same details

Set-up of the activity

0-2 2-4

- Use two shallow storage boxes or two shallow baskets.
- Let the client explore two types of vegetables that differ greatly from one another. With big vegetables, like broccoli or cauliflower, break off a piece.
- Sort the vegetables together with the client.
- Let the client sort the vegetables by himself.
- Expand the activity to two types of vegetables with fewer differences between them.

4-6

- Use three shallow storage boxes or baskets.
- Give the client three different types of vegetables.
- Let the client sort the vegetables.
- Vary the activity by giving the client vegetables that resemble each other.
- Let the client experience cooked and uncooked vegetables.

Points for observation and focus

- Check whether the client feels the details.
- State the name of the vegetable.

Alternative materials

- Sorting fruit.
- Sorting average-size geometric shapes, such as a circle, triangle or square.

Can also be used in the categories

- Touch sensitivity (TST)
- Touch strategy (TS)