

Touching and understanding Figure-ground perception



Activity: Finding pieces of fruit among other fruits

Theme: self-reliance

Set-up of the activity

0-2

- Give the client a bowl with pieces of the same fruit, such as pieces of mandarin or apple.
- Let the client take the pieces of fruit from the bowl.

2-4

- Give the client two types of fruit, such as mandarin and apple.
- Let him take pieces of fruit from the bowl, one by one, with a fork, if necessary.

4-6

- First let the client take a bowl containing fruit from the bag, fridge or tray.
- Put pieces of different types of fruits in a bowl.

Points for observation and focus

- Check what the client likes.
- Be aware of the fact that bananas and peaches can feel slippery and juicy. In addition, this type of fruit becomes soft when held; some clients do not like this, causing tactual defensiveness.
- Observe whether it is difficult for the client to find the right pieces of fruit among the others.
- Be cautious of choking when the client tastes the fruit.

Alternative materials

- Various cookies

Can also be used in the categories

- Touch sensitivity (TST)
- Touch strategy (TS)