

Touching and understanding Perception of detail



Activity: Perceiving details in a cuddly toy

Most of the details are located on the head of the toy: ears, eyes, nose and mouth. Sometimes, the label is also a detail.

Set-up of the activity

0-2

- Give the client the cuddly toy.
- If the client does not start looking for details, help him by using the hand-under-hand method.
- Look for the details together with the client.

2-4

- Give the client the cuddly toy and stimulate him to feel the details by means of the hand-under-hand method.
- Name the details at the moment that they are felt (i.e., nose, eye, mouth, ear).
- Do the same with other cuddly toys.

4-6

- Give the client a cuddly toy with various details. For example, in addition to a nose, eyes, mouth or ears, this cuddly toy also has whiskers, nostrils and a tail.
- Name all the details at the moment that they are touched.

Points for observation and focus

- Observe how the client responds to the cuddly toy. Does he find it pleasant or unpleasant? Does the material play a role in this? Material that is too soft can cause defensiveness.
- Check whether the client's fine motor skills and touch sensitivity are sufficient for finding the details.

Alternative materials

Paro the robotic seal.

Can also be used in the categories

- Noticing (NT)
- Touch sensitivity (TST)