

Touching and moving

Tactual exploration



Activity: Exploring the function of a claw hammer

Theme: doing craftwork

Set-up of the activity

Use a toy hammer. If it is safe enough, you can use a real claw hammer.

0-2

- Let the client explore a plastic hammer. If it is safe enough, the client can feel a wooden or plastic handle and the colder, steel head of a real hammer.

2-4

- Let the client explore a plastic hammer. If it is safe enough, the client can feel a wooden or plastic handle and the colder, steel head of a real hammer.
- Let the client feel a nail that has been hammered into a hammer & nail toy set or a real nail that is slightly protruding.

4-6

- Place a real hammer on the table and carefully let the client explore it through touch.
- Let the client explore only the head of the hammer by sticking the head of the hammer over the edge of the table and holding the handle under the table.
- Give the client a small board with a nail inside. Together with the client, remove the nail with the hammer. Use the technique of a lever.

- Let the client pick up a nail and put it in a box.
- Let the client feel that the nail has been removed from the board.
- If possible, do this activity with two clients; one client hammers the nail into the board and the other client removes it.

Points for observation and focus

- Be aware of the fact that a real hammer can feel sharp at the head.
- Assess whether the client can motorically carry out this action. Does he systematically explore the hammer: the handle and the head with the claw?
- Help the client if he has a hard time finding and picking up the nail.

Alternative materials

- Let the client put nails in cable clips and remove them.

Can also be used in the categories

- Proprioception (PC)
- Two-handedness (TH)