

Touching and understanding Touch strategy



Activity: Throwing trash in the bin

Tidying up can be taught from an early age, which includes learning where to throw trash. Use a bin with a hinged/swinging lid.

Theme: tidying up

Set-up of the activity

0-2

- Peel an apple or a banana. Take a bin with lid and place the fruit peels in a basket next to the bin.
- Let the client explore the bin and the peels.
- Let the client grab a peel and throw it in the bin together. Say: "Throw it in" or just say: "In".
- Let the client hear what it sounds like when a banana peel falls to the bottom of an empty bin.

2-4

- Give the client several fruit peels and let him throw them in the bin one by one.
- Tell the client that the peels must be thrown away. If necessary, do this together.
- Tell the client that the assignment is over when there are no more peels. Let the client experience that the basket is empty and that the trash is in the bin.

4-6

- Collect fruit peels together and put them in a basket.
- Guide the client in such a way that the peels will end up in the bin and tell him this.
- Afterwards, you can also empty the bin in the big organic waste container.

Points for observation and focus

- Observe how the client carries out the assignment. Check whether he can open the lid himself and how he experiences the touching of the peels.
- Clearly indicate when the assignment is over.

Alternative materials

- Let the client throw empty milk or yoghurt packs in the bin or in a bag for recycled trash.

Can also be used in the categories

- Proprioception (PC)
- Tactile-spatial perception (TSP)