

Touching and understanding Tactile-spatial perception



Activity: Loading the dishwasher

Theme: household

Set-up of the activity

0-2 2-4

- First let the client explore the objects, such as the cups, plates and, if possible and safe, the cutlery. Also let him explore the dishwasher.
- If necessary, start with plastic camping tableware.
- Give the client the various objects one by one. Initially, only give him the same cups and plates and let him put them in the dishwasher. At this time, it is not yet important where and how the objects are placed in the dishwasher. It might still be too difficult to do this right.
- Let the client place the same type of tableware together when he understands the activity and actions involved. Place the tableware on top or next to the dishwasher so that the client can load the dishwasher himself.

4-6

- Give the client various types of tableware, mixed together.
- Ask the client to load the tableware in the upper or lower rack. For clients in a wheelchair, the upper rack will be easier.
- Let the client experience how to place the tableware correctly, such as cups and bowls upside down and plates in the plate rack.

Points for observation and focus

- Observe whether the client understands the set-up of the dishwasher.
- Check whether the client can properly find the upper and lower rack. Or does he not seem to perceive the difference?
- Observe whether the client recognises the various types of tableware and loads them in the correct place in the dishwasher.
- Observe which strategy the client uses.
- Check whether the client does everything with one hand or uses both hands. Does he keep one hand where the dirty tableware is, while loading the tableware in the dishwasher with his other hand? Or does he do this the other way around?

Alternative materials

- Putting away clothes in the closet

Can also be used in the categories

- Proprioception (PC)
- Recognising (RC)