

Touching and understanding Touch strategy



Activity: Attaching train track pieces

Use wooden train tracks.

Set-up of the activity

0-2 2-4

- Together attach several long, straight track pieces to each other.
- Draw the client's attention to both ends of the track piece. Let him feel how the peg of one piece fits in the recess of the other piece.
- Make the client aware of the grooves when the pieces are attached to each other.
- If possible, build a small track with curved pieces together; otherwise, do this yourself. Let the client move a train on the track.

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- Guide the client in properly attaching the pieces to each other. The peg of one piece fits in the recess of the other piece.
- Let the client attach straight and curved pieces to each other.
- Also use bridges, for example.
- Let the client move a train with wagons on the track.

Points for observation and focus

- Make sure the client can distinguish between both ends of the track pieces.
- Check whether the client uses both hands: one hand to grip and the other to attach the track pieces.
- Observe how the client distinguishes between the endings of the pieces, for example, with one or several fingers.
- Stimulate the client to explore the entire length of the track piece.

Alternative materials

- Snap-lock beads
- Velcro fruit playset
- Duplo train track pieces

Can also be used in the categories

- Touch sensitivity (TST)
- Two-handedness (TH)