

Touching and moving

Two-handedness



Activity: Playing clapping games

Set-up of the activity

Play the clapping games with or without music. Adjust the game to the level and preference of the client.

0-2

- Clap together or let the client clap along with the music.

2-4

- Let the client clap loudly or softly.
- Let the client clap in various rhythms. First, demonstrate and then let him imitate you. Take turns clapping.
- Use music fragments with various rhythms. Let the client listen and then clap along.

4-6

- Use music fragments with various rhythms. Let the client listen and then clap along.
- Let the client alternate between clapping with his right hand and left hand or let him, for example, clap on his thighs or on different parts of his body.

Points for observation and focus

- Observe whether the client moves both hands simultaneously to the middle.
- Check whether the client uses sufficient force so that his clapping is audible.
- Check whether he opens his hands sufficiently.

Alternative materials

- Let the client tick or bang objects against each other. Use different objects, such as sticks, spoons and cups.
- Use the objects with or without music.

Can also be used in the categories

- Body awareness (BA)
- Proprioception (PC)