

Touching and perceiving

Noticing



Activity: Exploring tactile bracelets

Set-up of the activity

Buy or make tactile bracelets with various tangible details attached to them. Do not attach objects that make a sound if you want the client to only explore through touch.

0-2

- Put the bracelet on the client's wrist.
- Observe whether the client encounters and notices the bracelet by himself.
- If the client does not show any sign of reaching for the bracelet, touch it together with the client.
- After that, let him take the initiative, if possible.
- If the client can deal with it, let him wear multiple bracelets at the same time.

2-4

- Put a tactile bracelet on the client's wrist and stimulate him to look for it.
- You can also let the client touch and feel the bracelets that other clients are wearing.

4-6

- Make a bracelet with the client by letting the client choose the materials/objects.
- Make a bracelet for someone else with the client.

Points for observation and focus

- Observe whether the client notices and explores the bracelet on his own.
- Stay alert to situations in which the client doesn't enjoy the bracelet and wants to take it off.
- Observe whether the client notices and explores the various details on the bracelet.

Alternative materials

- Make a tactile necklace instead of tactile bracelets.
- Make a tactile bracelet that can be put around a wheelchair tray or armrest.
- Make bracelets from beads with different textures or materials.
- Make a curtain together from toilet paper rolls or pinecones.

Can also be used in the categories

- Tactual exploration (TE)
- Perception of detail (PD)