

## Touching and understanding Touch strategy



### Activity: Removing and attaching Velcro shapes

#### Set-up of the activity

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- Removing Velcro shapes requires some strength. Therefore, only present this activity to clients who are at a development age of at least 2 years.
- Let the client explore the Velcro shapes or beads.
- Let the client put his hand on the hand of the caregiver in order to experience how to attach the shapes to each other.
- Check whether the client can then remove the shapes.

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- Together attach several Velcro shapes to each other.
- Together remove one Velcro shape and stimulate the client to remove additional shapes.
- Now ask the client to reattach several shapes.

### Points for observation and focus

- Observe how the client explores the shapes.
- Check whether the client has sufficient strength to remove and attach the Velcro shapes. Can he dose his strength?
- Note that this activity requires the use of both hands.

### Alternative materials

- Magnetic blocks or Duplo blocks. These are easier motor-wise.

### Can also be used in the categories

- Proprioception (PC)
- Two-handedness (TH)