

## Touching and moving

# Tactual exploration



### Activity: Exploring bulbs

#### Theme: Spring

#### Set-up of the activity

0-2

- Take the plant out of its pot. Do this above a serving tray.
- Let the client feel the bulb, the stem, the roots and the flower.
- Let the client smell it.
- Together plant a bulb in the ground.

2-4

- Let the client take the plants out of their pot. Do this above a serving tray.
- Let the client feel the bulb, the stem, the roots and the flower.
- Name the parts and also use adjectives such as "thick bulb" and "long stem".
- Let the client smell it.

4-6

- Together plant several bulbs in various pots and in the garden, if possible.
- Let the client feel the difference in size, also when the plants have grown.
- State the names of the flowers that the client feels and smells at the moment of feeling/smelling.

#### Points for observation and focus

- Observe how the client explores the bulbs. Take into account that some clients might explore with their mouth and might stick something in their mouth.
- Check whether the client perceives details.
- Check whether the client has sufficient fine motor skills to explore and recognise.
- If possible, state the parts and qualities that are being felt.
- Observe how the client responds to materials such as wet or dry earth and roots.
- Be aware of the fact that some bulbs have a strong scent, which the client might find unpleasant.

#### Alternative materials

- Let the client feel, taste and smell herbs.
- Let the client take an onion or garlic bulb apart. Be aware of the fact that these have a strong scent.

#### Can also be used in the categories

- Perception of detail (PD)
- Tactual language (TL)