

Touching and understanding Recognising



Activity: sorting tableware

Helping in a household is a functional activity that can be used for all ages.

Theme: household

Set-up of the activity

0-2

- Acquaint the client with cutlery, such as a spoon and fork. Do this during a meal so that it is functional.

2-4

- Let the client wash his hands with water and soap.
- Let him feel whether the cutlery is a spoon or a fork.
- Let him place the cutlery in the correct tray of the cutlery drawer.
- Expand this activity by adding a knife, if this is safe.

4-6

- Let the client sort cutlery according to the different shapes and materials in cutlery trays or the cutlery basket of the dishwasher (big, small, thick, thin, wood, plastic, etc.).

Points for observation and focus

- Safety comes first: be aware of the risk of getting hurt.
- Use toy cutlery and not the daily cutlery if this is more hygienic.
- Observe whether certain distinguishing parts of the cutlery are felt properly.
- Check whether the client uses his entire hand or only the fingertips.
- Observe whether there is any tactual defensiveness. Do you detect a strong aversion to certain textures?
- Check how the client approaches the assignment: does he use his entire hand or only the fingertips?
- Observe whether the client is alert enough to feel the sharper parts.
- Observe whether the client is curious and motivated.

Alternative materials

- Other materials that differ in shape, such as sorting towels, flannels and dishcloths.

Can also be used in the categories

- Tactual exploration (TE)
- Tactile-spatial perception (TSP)