

Touching and understanding Tactile-spatial perception



Activity: Setting the table

Theme: household

Set-up of the activity

0-2 2-4

- Let the client explore a plate, a spoon or fork and a cup on the table.
- Give the client these objects one after the other and let him put them on the table. State for whom they are.

4-6

- Set one place at the table to demonstrate to the client how to set the table.
- Then let the client set another place in the same way: first the plate, then the fork on one side and the knife or spoon on the other side and finally, a cup next to the plate. If you want, you can do this activity with other objects/materials that the client is interested in, such as handing out something or putting it on the table for other family members, classmates or people in the group.
- Initially, give the client the exact number of materials/objects.
- Then let the client state what is needed. Subsequently, give him the objects/materials that he states and let him put these on the table.
- After this, let the client take the cutlery and tableware himself.
- Push a client in a wheelchair alongside the table and let him feel a place at the table that has been set.

- Now give the client a tray with cutlery and tableware and ask him to give you the objects that you name.
- Let the client check whether it is right.

Points for observation and focus

- Observe whether the client has a good understanding of gaps and whether he takes these into account when copying the example. In other words, make sure he doesn't place everything against or on top of each other.
- Observe the touch strategy that the client uses. How does the client find the right tableware and cutlery to put on the table?

Alternative materials

- Cup and saucer and a teaspoon
- Copying a set-up with Duplo furniture or toy farm animals, depending on the interest of the client

Can also be used in the categories

- Proprioception (PC)
- Recognising (RC)