

Touching and moving

Tactual exploration



Activity: Exploring cake moulds

Theme: baking

Set-up of the activity

0-2

- Place sand moulds in the sandbox and let the client explore them.

2-4

- Let the moulds that are placed in the sandbox or in kinetic sand or clay stick out and let the client explore them.

4-6

- Take plastic moulds. Metal is also possible, but often this might be too sharp.
- Place the moulds on an anti-slip mat or in a shallow tray.
- First give the clients two moulds to explore.
- Bake cookies with the client. First place the ingredients in various bowls; let the client feel them. Then together crack an egg and cut the butter in pieces. Put all the ingredients in a bowl and together mix the flour with a whisk. Scoop the mixture into the moulds.
- Let the client feel the moulds again when they are filled.
- Let the client search for and combine two simple moulds that are filled.

Points for observation and focus

- Observe whether the client shows any interest in the moulds. Does his interest increase if they are used for baking cookies?
- Observe whether the client distinguishes any details. For example, does he notice the protruding parts under the rim?
- Observe whether he explores the contours and whether he discovers the open side.

Alternative materials

- Letters and numbers.
- Geometric shape puzzles.

Can also be used in the categories

- Perception of detail (PD)
- Touch strategy (TS)