

## Touching and understanding Touch strategy



### Activity: Putting sticks in a box

For this activity use a single-task box. These are plastic boxes with various tasks and materials. The tasks have a clear beginning and end. The boxes can be purchased at [eendoostaken.nl](http://eendoostaken.nl). You can also make them yourself using a shoe box in which you create a recess for a storage bin and holes for the sticks.

### Set-up of the activity

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- Draw the client's attention to the sticks that were put in the holes.
- Let the client remove the sticks from the holes and put them in the designated storage bin.
- Together with the client put several sticks in the holes.

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- Let the client take the sticks from the storage bin and put them in the holes.
- Then let him remove them and carry out the task again.
- Now let the client put the sticks in the holes one by one.
- Make sure that the sticks are in the storage bin while the storage bin faces the client's dominant side. Place the storage bin facing the less dominant hand if you want to stimulate the client to use that hand.
- Now give the client a counting task: "Put three sticks in the holes".
- Let the client put all the sticks in the holes. Ask him to remove four and put them in the storage bin.

- Give the client tasks regarding position, if the client understands these. For example: "Put a stick in the upper left hole".

### Points for observation and focus

- Observe whether the client first explores this task on his own.
- Make sure the client grabs the sticks one by one.
- Observe the client's strategy for grabbing or placing the sticks. Is there a pattern?
- Observe his grip. For example, does he use a fist or a pincer grip? Does he hold the sticks at an angle or immediately holds them straight?
- Observe how the client explores the holes. Does he keep one hand next to the hole and use the other hand to put the stick in?

### Alternative materials

- Putting fake eggs in an egg carton
- Puzzle board

### Can also be used in the categories

- Two-handedness (TH)
- Tactile-spatial perception (TSP)