

Touching and moving

Two-handedness



Activity: Winding a music box

Set-up of the activity

Vary between music boxes and winders of different sizes. The smaller the box, the more difficult it is to wind it.

0-2

- Begin with a jack-in-the-box: the client holds the box with one hand and presses a button with his other hand. 'Jack' jumping up from the box makes the client aware there is an action-reaction. This action is easier than winding a music box.

2-4

- Together hold the music box and turn the winder. Use the hand-over-hand or hand-under-hand method for this.
- Let the client hold the box and turn the winder himself.

Points for observation and focus

- Observe whether the client bring both hands sufficiently to the middle.
- Check whether the client uses enough force to move the winder and/or to hold the box still.
- Observe the client's fine motor skills. Can the client grip the winder/button using the pincer grip/three-point grasp?
- Observe whether the client enjoys the music activity.

Alternative materials

- Humming top with a swirling handle or with a press button.
- Wind-up toys, such as a car.
- Music box with cord.

Can also be used in the categories

- Body awareness (BA)
- Proprioception (PC)